

STILTS PRO TIPS:

1. CHOICE OF STILT

Single-sided stilts provide traditional fit and balance. Double side-pole design improves balance, providing less strain on the knees and back.

2. INSPECT BEFORE USE

Make sure stilts are free of damage, excessive wear, and that all bolts and nuts are tight before use.

3. PRECAUTION

Wear appropriate clothing (long pants, low heel work boots, etc.).

4. OPERATION

Always attach leg straps first, before feet. When dismounting, unbuckle leg straps last, after unbuckling foot straps. Take short distinctive steps, making sure that the stilts are raised well clear of the floor with each step.

5. MAINTENANCE

Keep all components that pivot, slide, telescope, etc., clean, free of dents, and lubricated with a silicone spray or white graphite powder. Do not clean using petroleum based solvents. All components are replaceable or serviceable.

Each installer is responsible to carefully read and maintain the Sur-Stilt supplied owner's manual provided with each pair of stilts to insure proper safety, usage and maintenance takes place per the manufacturer's instruction.

